

The StreetDoctors digital training

In Brief

There is a continued need for young people to learn emergency first aid skills to help insulate themselves and others to the effects of violence.

Our digital training is an adapted version of our award-winning *how to help when someone is bleeding* session.

Enquire about booking a digital session today!



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In Brief...

What Your Young People Will Learn

- How to call an **ambulance**
- The **science** behind blood loss
- How to deliver **immediate first aid** to someone who is bleeding
- The medical **consequences** of violent injuries



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How it Works

The session will be delivered by two **healthcare professionals** through a **Live Zoom webinar** which can be accessed as part of a group setting or on individual devices.

Young people can **interact** with our volunteers throughout and explore the material in greater depth e.g. having **questions answered live** and participating in exciting **quizzes** and **polls**.



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What To Expect

- An approximately **45-minute** long session
- Young people will be encouraged to **actively take part** in the session. Volunteers will talk them through the **interactive features** of Zoom.
- Young people will be able to see and hear the volunteers teaching, but **not** other young people in the session.
- For safeguarding purposes, **one member of staff** must be present.



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The StreetDoctors Virtual Session

In Brief...

After the Session

- Young people will be signposted to further **support** and resources
- They will be given a **downloadable first-aid reminder** card for their phones
- We recommend a check-in with your young people to ensure you are aware of any issues they might need support with.

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