



Reducing violence programme

StreetDoctors delivers two emergency first aid training sessions which empower young people affected by violence to keep themselves and others safe. Young people gain the skills, knowledge and confidence to act in a real medical emergency, and an understanding of the medical consequences of violence. Sessions can be delivered individually or as a comprehensive reducing violence programme over four weeks. In each 45–60-minute session 2–3 of our young healthcare volunteers work with a group of up to 15–30 young people aged between 11 and 25.

- ♥ **What to do if someone is bleeding when injured by a knife or sharp object** How to call an ambulance and stem blood loss until medical help arrives by applying pressure on or around the wound depending on whether the blade is still present. Demonstrations and Q&As explain the science of blood loss, de-bunk common myths and prepare young people for real life scenarios.
- ♥ **What to do if someone is knocked out after a fight or attack** How to call an ambulance, tell if someone is breathing and give first aid until medical help arrives by using the recovery position if people are breathing and delivering chest compressions if they are not. Demonstrations and Q&As explain the science of breathing and concussion, de-bunk common myths and prepare young people for real life scenarios.



Why it works

- ♥ **Exclusive focus** on young people affected by violence, who are most likely to be on the scene of a medical emergency resulting from youth violence
- ♥ **Peer-to-peer training** by student doctors, nurses & paramedics engages & inspires young people
- ♥ **Skills-based intervention** is proven to be effective in preventing youth offending
- ♥ **Asset-based model** focuses on what is right with young people, not 'what is wrong' with them; so young people become part of the solution to violence, not just 'part of the problem'
- ♥ **Trauma-informed approach** safeguards those young people who might be triggered, traumatized or retraumatized in our sessions
- ♥ **Partner toolkit** created by a trauma specialist is provided to all partners to help them support young people before, during & after our sessions with advice, lesson plans & guidance
- ♥ **Impact data** is evaluated independently & has been awarded a Nesta level 2 standard of evidence & Project Oracle standard 2
- ♥ **Award-winning team** has won 11 youth sector & charity awards

How it delivers impact

After young people have attended our sessions:

- ♥ **93%** know what to do if someone is bleeding
- ♥ **91%** know what to do if someone is knocked out
- ♥ **95%** understand the medical consequences of violence
- ♥ **84%** would be willing to act in a medical emergency



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In partnership with THE NATIONAL LOTTERY COMMUNITY FUND



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Charity no.

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Work with us

Simply choose your session & delivery method & let StreetDoctors do the rest ...

Delivery methods

StreetDoctors offers a flexible learning model, with three methods of delivery depending on partner preference, volunteer availability and public health restrictions:

- ♥ **Digital delivery (all participants are remote)**
- ♥ **Remote delivery to a face to face group (trainer is remote)**
- ♥ **Socially distanced face to face delivery (all participants are present)**

Session costs

StreetDoctors operates a transparent, progressive cost model which ensures equity for all our partners, regardless of their funding circumstances:

| Type of commissioning organisation | Estimated annual income | Cost per session (for all delivery types)* |
|---|-------------------------|---|
| Central public sector & commercial businesses (eg Home Office / Police Forces / VRUs / FIFA) | Over £1 million | £375 |
| Local public sector & statutory youth services (eg Local Authorities / Borough Councils / YOTs / PRUs / Schools / Early Help / Professional Football Clubs) | £250,000 to £1 million | £200 (with £175 subsidised by StreetDoctors) |
| Charities & independent youth services (eg CICs / grassroots sports and youth clubs) | £50,000 to £250,000 | £100 (with £275 subsidised by StreetDoctors) |

* We will always consider requests from grassroots organisations that are struggling financially. For fully subsidised sessions delivered at zero cost – please ask the team when you get in touch to discuss your needs.

How to make a booking

Please contact a member of our delivery team:

Meghan Wimlett on meghan@streetdoctors.org for London

Sarah Bloxham on sarah@streetdoctors.org for elsewhere in England, Scotland or Wales

What young people and delivery partners say about us

"The course changed my life ... you realise you can kill someone really easily with a knife ... I had a friend who was stabbed ... I would have been a lot more able help to him if I'd done this course when it happened ... I've told my friends what I've learned here, so now they all know the basic first aid too."

'Michael', 16-year-old session attendee at a Youth Offending Team

"The students all reacted really well to the StreetDoctors session. The volunteers point out how devastating the injuries can be in a subtle way – while teaching first aid. The message was clearer than any police session we have been to."

Louise Drosdzol, South Thames Colleges Group

Find out more about us

StreetDoctors has a network of **400 volunteers** across **17 cities** in England, Scotland and Wales, who work in partnership with more than **175** criminal justice services, schools, pupil referral units, and sports and community groups. Last year **2,219 young people** attended our sessions.

- Watch [What is StreetDoctors?](#)
- Our latest campaigns [8 Minutes to Save a Life](#), [#ApplyPressure](#), [#YoungLivesaverFirstAid](#)
- Read our [2019 Impact Report](#)