



**STREET
DOCTORS**

StreetDoctors in 2022

Inspiring and empowering young lifesavers
in communities all over the UK

streetdoctors.org



“There are young men and women literally dying to be someone or something, anything but no one or nothing.”

Lee Dema, Founder of St Matthew's Project, Brixton

This quote from Lee Dema, founder of The St Matthew's Project in Brixton, South London tragically sums up the trajectory of the lives of so many young people affected by street violence, and the woeful lack of opportunities to break out of this desperately negative cycle. Inequality, deprivation and poverty are major drivers of violence affecting young people, and the legacy of COVID-19 and the cost-of-living crisis is hugely exacerbating this situation.



So many of the young people we work with at StreetDoctors view their experiences of violence as normal, as just part of growing up, which is hugely concerning, and something we shouldn't be tolerating. Our work, empowering young people to become street doctors themselves, forms part of the jigsaw of approaches to reducing the impacts of street violence. Our work doesn't blame or stigmatise young people, in fact we see them as the route to more lives saved, inspired by our healthcare volunteers who deliver our training.

In 2022 we focused on recovery from the pandemic: re-engaging our volunteers and reconnecting with our community partners, enabling us to reach 4,714 young people, double the amount in 2021. But it's also been about further professionalising StreetDoctors to ensure we are best placed to meet the needs of young people affected by street violence, and our community partners who work with them, as well as improving our support to our amazing volunteer trainers. We have achieved this through implementing an impact review to improve impact collation and reporting, creating a new volunteer and customer relationship system, improving our safeguarding training and procedures and creating a team of Regional Development Coordinators to implement a place-based approach to our delivery.

For us, service improvement and reach are key strategic priorities, so during 2022 we also co-created new training content with young people and our volunteers on the mental health impacts of violence, as well as developing an e-learning app in partnership with Manchester and Merseyside Violence Reduction Units. We also know that reducing the impacts of street violence is about really listening to young people in terms of the barriers they face in putting into action the emergency first aid skills learnt. So, we worked with Police Now's graduate programme to investigate the role the police play in responding to incidents of street violence. We have also set up a Volunteer Advisory Panel to ensure our healthcare volunteers have a meaningful voice in the operations and governance of StreetDoctors, in recognition of their role in our founding, growth and success.

2022 has also focused on the development of our new 3-year strategic plan which has been co-created with all our stakeholders. This will be launched in early 2023.

None of our work would be possible without all our fantastic partners in the youth sector, our incredible network of young healthcare volunteers, who give their time to deliver our training across the country, and the hugely brave and resilient young people we work with. A heartfelt thanks to all of you. We are also so grateful to all our funders, who are our bedrock for improvement and growth, thanks so much to all of you. Also thank you to our highly committed and insightful Board of Trustees, your wisdom and guidance is highly appreciated.



Lucie Russell
CEO



Sophie Clissold-Lesser
Chair of Trustees

What is StreetDoctors?

We are the champions of the peer education model of emergency first aid training for young people affected by street violence. We train young people to become street doctors, turning them from bystanders into active responders through knowing what to do if someone has been stabbed or knocked out. They also learn about the physical and psychological consequences of street violence and develop the confidence and willingness to act.

Our UK network of young healthcare volunteers in 18 cities across the UK (trainee doctors, nurses and paramedics) deliver our emergency first aid training, acting as credible messengers and role models. We work alongside a range of community youth partners to deliver our training including education providers, youth, sport and community groups and criminal justice organisations to reach affected young people. All our work is trauma informed.

Why are we needed?

Worldwide, homicide is the
**4th leading
cause of death**
for 10-29 year olds.

(WHO, 2020)

6.5%
of 10-15 year olds know
someone who carries a
knife in the UK.

(ONS, 2018)

15
is the average age for
young people involved
in knife crime in the UK.

In Manchester, serious violence has increased by 200% since 2019 (Manchester Evening News, 2022). In London in 2021, 30 young people were killed – the highest on record.

In the year ending March 2022 there were:*

45,000
offences involving knives,
9% higher than the year
before.

19,555
convictions/cautions for
knife offences; 3,519 of
these were given to people
under 17 years old.

4,177
finished consultant
episodes** involving knives
or sharp objects; 667 were
under 19 years old.

These reported figures are tragically just the tip of the iceberg. We know that for every serious injury, death or offence reported, there are so many more young people impacted and harmed physically and mentally by street violence. Many thousands more friends, families and others in communities are also implicated and traumatised by these horrific incidents. It doesn't have to be like this; StreetDoctors vision is an end to street violence affecting young people. We are striving for a future where all young people can thrive in areas where they feel safe, get the support and opportunities they need to fulfil their potential, and where they are not harmed by violence.

* Source: ONS and House of Commons Library

**where patients left the hospital treated

StreetDoctors impact in numbers 2022



4,714
young people
were trained by
our volunteers

73%

of these young
people worried about
or experienced street
violence between
young people in their
area in the past year



582
sessions delivered



78 StepWise
participants

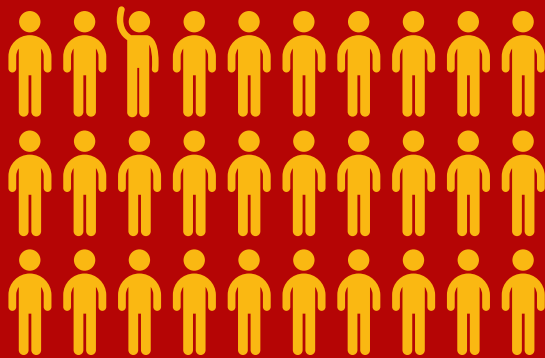
For the academic year 2021/2022, we have:

377
young
healthcare
volunteers

across
18 cities in
the UK

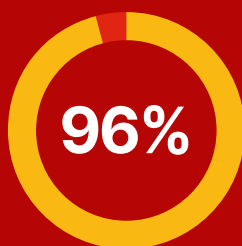
made up of
23 volunteer-
led teams

Over
300 delivery partners
across the UK

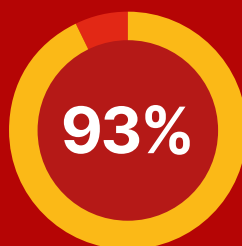


Since 2013 when StreetDoctors
became a charity we have trained over
25,000 young people in
lifesaving skills

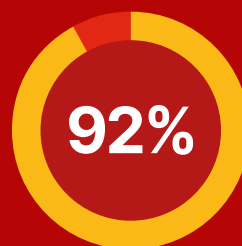
After a StreetDoctors session:



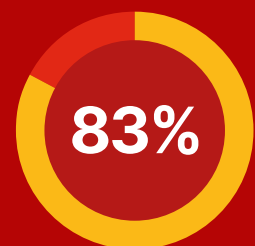
of young people
understand the
consequences
of violence



of young people
know what to do
if someone
is bleeding



of young people
know what to do
if someone is
knocked out



of young people
are willing and able
to act in a medical
emergency

StreetDoctors Highlights in 2022

Young people

E-Learning for young people most at risk

We developed our new e-learning app: *StreetDrs save lives*. It will innovate how we empower young people who are most in need of our training but unable to access it face-to-face, such as young people in secure locations or who need one-to-one support.

Two of our healthcare volunteers lead users through a series of games and activities, using videos, text and voice recordings, to give young people the skills, knowledge and confidence to know how to deliver emergency first aid if someone is bleeding or knocked out. The app was created in partnership with Anspear, Merseyside Violence Reduction Partnership, Greater Manchester Violence Reduction Unit and Inside Job Productions.



Mental Health training by and for young people

We are delighted to have completed the discovery and development phase of our new mental health training which will sit alongside our emergency first aid skills training. This new session focuses on supporting young people to understand the mental health impacts of street violence alongside a toolkit for how they can better support themselves and others.

To ensure we provide valuable and meaningful outcomes for young people, we are continuing to refine the content and training plans in consultation with our volunteers and young people, before rolling out delivery of this training as a new session in early 2023. Elements of this training will also be integrated into our existing training content, to ensure all the young people we work with are able to access it.



Turning grief into positivity in memory of Babacar Diagne

In Spring 2022 we were approached by a group of young people from Birmingham whose friend, Babacar Diagne, had been stabbed and murdered in 2020. The young people fundraised an incredible £2,300 for StreetDoctors, to enable us to deliver 10 of our emergency first aid training sessions to young people at their schools. They also fundraised for a bench in their local park in memory of their friend, reclaiming the space back as somewhere they can feel safe again.



“Just to save one life in my friend’s name would mean the world to me.”

Teigan, a friend of Babacar

Empowering girls with England Netball

In Summer 2022 we partnered with England Netball and Greater Manchester VRU to deliver Unite Her – an event bringing together young women and girls with inspiring professionals using sport in Manchester.

We delivered first aid training workshops, empowering young women and girls to know what to do if someone is bleeding and knocked out, while playing netball and introducing them to healthcare careers.

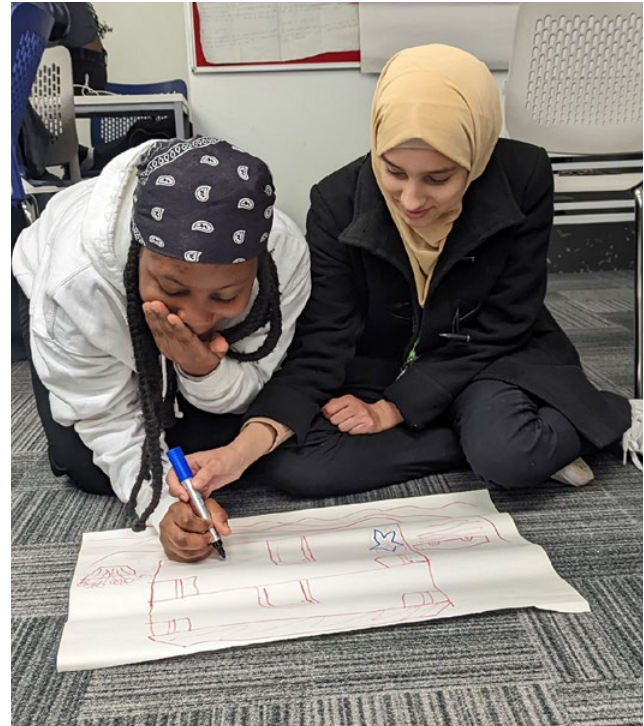


StepWise

StepWise is our longer-term youth engagement programme that provides young people affected by violence with in-depth first aid skills, emotional wellbeing training, advice about their rights, access to information about healthcare careers and the chance to meet inspiring healthcare professionals. The programme also trains young people to teach emergency lifesaving skills to other young people alongside our volunteers.

In 2022 we delivered 4 StepWise programmes with the support of Health Education England, South Yorkshire Violence Reduction Unit, Newham Council and Islington Council.

78 young people took part in StepWise, of which 45 graduated through the entire programme.



Taking part in StepWise showed improvements of confidence in...

Knowledge of jobs in healthcare

Before 29%



After 70%

Knowledge of what to do if someone is bleeding

Before 19%



After 85%

Knowledge of what to do if someone is unconscious

Before 15%



After 100%

Knowledge of the consequences of violence

Before 24%



After 77%

Our programme delivered at Southwark College with 20 BTEC Health and Social Care students, with support from Health Education England and Guys and St Thomas's NHS Foundation Trust, was an exceptional success:

"I enjoyed doing activities like learning first aid which boosted my confidence. Playing games helped and I really enjoyed them. I've never had an opportunity like this before" Ayesha, 17

"It has been really interesting working with StepWise. I have enjoyed meeting the different facilitators each week and learning about what they do. I've learnt how to be confident and stand up for myself." Afia, 17

"I have learnt more about nurses, which has helped me decide what to do. I spoke a lot with the nurse at St Thomas's Hospital about the different things nurses can do." Nifemi, 18

Delivery Partners

Our delivery partners enable us to deliver our vital emergency first aid training to young people most affected by violence. All over the UK we work with youth groups, sports clubs, police forces, schools and alternative education settings, care homes, community and religious groups, prisons, youth offending teams and institutions, councils, premier league football clubs and lots more.

We are so grateful to all the teachers, leaders, youth workers, police officers and staff in these settings who work alongside us to deliver our services, as well as providing incredible support for young people most at risk of violence.



Take a look at what some of them say about working with StreetDoctors in 2022:

"The volunteers who ran the course were friendly, knowledgeable, and engaging and funny. I could see that they really engaged the young person who had difficulties this week engaging with college. This has now given him some motivation to get back on track."

Jenny Savage, Care Home Manager, Wirral

"Our participants live in areas generally where crime amongst young people is higher than average. Therefore, the knowledge imparted to them by the Street Doctors volunteers could be vital for them in the future."

Dan Wilson, Lord Taverners Wicketz Programme

"The session was very enjoyable and the young adults really threw themselves into it, and were delighted with the certificate. These young adults don't get these opportunities often, and were elated."

Support Through Sport CIC, Nottingham

"I'm confident each lad learned the priorities of what to do if someone is stabbed and all of them will be better equipped should they find themselves needing to help someone. A lot of these boys will know someone who has been stabbed or attacked and it is not unlikely they could come across someone who needs help like this in the years to come, so I really do believe there was so much value in this session. So, I just wanted to pass on a massive thank you to the team that came and for the hard work you all do to make a difference."

Matt Lewis, St Luke's Cares, Leeds

Volunteers

Who are our volunteers?

Our Volunteer Survey 2022 gave us an insight into who our young healthcare volunteers are and why they volunteer with StreetDoctors.

26% have lived experience of the context of violence.

10% have a disability.

56% identify as non-white British.



Photo by Claudiu Leisinger

We asked them what they think of working with StreetDoctors:

"It's genuinely one of the most rewarding things that I do on a voluntary basis."

"By volunteering for StreetDoctors I feel like I'm a part of the community in which I live and I'm able to make positive differences in the lives of young people."

... and if volunteering with StreetDoctors has helped them become better healthcare professionals:

76% strongly agree it increased their understanding of vulnerable young people.

71% strongly agree it improved their ability to empathise with different social groups.

93% agree that it has made them more confident as a healthcare student or professional.

"[Now] I definitely want to work within communities and help vulnerable young people."

"[StreetDoctors is] my first step working within NGOs and grassroots organising, which I will continue to work in."

... and how they benefit from volunteering with us:

"The sessions spark important discussions around violence. I feel StreetDoctors is more about changing the narrative than anything else. Shifting young people from a position of helplessness in the face of violence to thinking actually I could change the narrative, I could be part of the change. For me, this is immensely rewarding."

"I feel like I'm making a difference and finding new ways to positively contribute to my community."

"Being a part of StreetDoctors has allowed me to form some great friendships. I find teaching young people very rewarding. It's also gratifying to do something that could make a real difference to someone's life if they find themselves in a situation requiring first aid."

"I enjoy immensely spending my time doing something that actually matters and helping empower young people."



Photo by Claudia Lelsinger

Volunteer Advisory Panel

We have now launched our new Volunteer Advisory Panel, with 7 amazing volunteers from 4 areas of the UK. They have so far been part of discussions about volunteer motivation and engagement, and how best to communicate with volunteers about changes made within StreetDoctors. We are really pleased to now have a formal forum for volunteers to get involved with StreetDoctors at a strategic level.



Influencing for Change

Visit by boxer Josh Warrington

In Spring 2022 we were really excited to have Josh Warrington, a world champion boxer, attend a StreetDoctors session! He was raising awareness about the issue of violence affecting young people in Leeds at Alliance Boxing Club, and platforming local solutions to the issue. The young people, our volunteers and the boxing gym loved having Josh take part in the session, which was broadcast on ITV news.



“What happens when the police come?”

This is one of the most frequent questions we get asked by young people in sessions. Understandably, many young people have concerns surrounding the police and legal situations when thinking about delivering emergency first aid if there has been a violent crime.

So, we hosted two Police Now students (a scheme for graduates to become community police officers) for a month-long placement. They looked at feedback and comments from young people, spoke with volunteers and paramedics and surveyed police officers from across the UK to research answers to some of the most frequent questions young people ask in our sessions surrounding police and the legal system.

These are now being used as resources for young people during our training sessions, to equip them further with the knowledge and confidence to save lives if someone has been stabbed or knocked out.

Shaping the Youth Justice agenda

During 2022 we took part in roundtables, events at Parliament and conferences to help shape the youth criminal justice agenda.

We contributed to the Alliance for Youth Justice policy strategy with our insights about young people affected by violence; helped shape the Criminal Justice Alliance's new strategic plan as members; and attended a variety of parliamentary events and conferences to advance understanding of the public health agenda on multi agency approaches to violence affecting young people, with a particular focus on vulnerability, child protection and safeguarding strategies.

Support for Ukraine

In Spring 2022 we created a series of first aid educational videos for people in Ukraine to help with the emergency response during the war, in collaboration with our charity's founders, London's Air Ambulance, citizenAID and emergency medicine experts from around the globe.

The series of short videos demonstrate simple lifesaving first aid techniques commonly found in war settings such as what to do if someone is bleeding, has lost a limb, has sustained a burn or eye injury or is unconscious. The videos were filmed with our volunteers on the Royal London Hospital's helipad and were translated into Ukrainian with voiceovers by TV presenters Dan Snow and Timur Miroshnychenko. The videos have been seen by 1 million people in Ukraine. The series has since been translated into Farsi and shared in Iran for those caught up in violence.



Moving Forward

In 2023 we will be celebrating 10 successful years since we became a charity. This will also mark the launch of our new Strategic Plan with its 3 content pillars: Integrity, Impact and Invest. Our ambitious growth plan will increase our Integrity by continuing to develop programmes that build young people's knowledge, confidence and willingness to act to reduce the impact of street violence, alongside our personal development programmes that increase their skills and aspirations. We'll ensure greater Impact by reaching the young people who need us the most through a range of new delivery models (including our e-learning app and new mental health content) by partnering with youth, education and criminal justice providers. We will also Invest in our organisation by building our foundations, so we are more resilient, compassionate, diverse, and inclusive.

For more information, please get in touch:

✉ info@streetdoctors.org

🌐 streetdoctors.org

☎ 07763 457712

📷🐦📘 @StreetDoctors

Registered charity numbers: England & Wales 1150925 Scotland SC046981
Registered company number: 08330240

