



IMPACT REPORT

2023



“—

Yeah, it's given me self-confidence. After this if I see someone on the road needing help, I could apply everything I've learnt towards them and help them. I've taught my little brother, yeah. I've taught my mum as well.”

Kyle - Young Person
West London Youth Centre

“—

Thank you for today, you've really inspired me, because of what happened to my dad. You've inspired me to save lives. . . . like you were saying about being able to teach other people this stuff, I want to do that.”

James - Young Person
Feltham Youth Offending Institute

Welcome

2023 has been a fantastic year with us outperforming our targets, and educating 9,811 young people which was a growth of 115% from the previous year. We have grown our partnerships with funders, targeted organisations and communities through a team work ethic that values each person's strength, unique insight and desire to improve outcomes for young people and reduce street violence that affects young people.

We fully implemented the organisation's restructure to address the challenges in the organisation's business and operating model, and to ensure that StreetDoctors was fit for the future. The improvement in the charity's level and quality of delivery in the past year has taken a lot of hard work with a change in culture, improved performance management and the development of new processes.

Our learning and development journey has continued with the focus on improving the quality of our training offer with new co-designed training content and the development of a volunteer training pathway to support the new volunteer model. The culture of continuous improvement and using innovation has been a key strength and enabled us to create new opportunities and grow the charity to achieve the organisation's mission.

After all the hard work over the past year to reorganise the organisation, it was fantastic to be awarded the GSK Kings Fund Impact award in May which recognises and rewards charities that are doing excellent work to improve people's health and wellbeing.

The reorganisation of StreetDoctors with the increased focus on professionalism, a regional structure, learning and development, targeted delivery and multi agency partnerships, is now delivering positive growth and the organisation has been recognised as a high performing charity.



Martin Tilbury MBE
CEO, StreetDoctors



Jane Harwood
Chair of Trustees

StreetDoctors Overview



StreetDoctors is a national charity which trains young people across the UK, in the physical and psychological consequences of street violence and develops their confidence and willingness to protect themselves and others. The training is delivered through a network of healthcare volunteers (trainee doctors, nurses and paramedics) and youth workers in 20 cities across the UK, who empower young people affected by violence (aged 11-25) to become lifesavers in their communities.

All our training is delivered in partnership with a range of youth organisations and we believe in supporting a multi agency approach to addressing community challenges which brings together partners' unique strengths and skills. Partner organisations host StreetDoctors to deliver the training which ensures the young people are fully engaged, expectations are met and collaboration is embraced.

The situation for young people

- Knife or sharp instrument offences increased by **5%** compared to the previous year across the UK.
- Homicides involving a knife also increased by **4%** according to the ONS statistics for the year ending September 2023.
- **2nd** most common reason for young people being arrested last year was possession of weapons.
- The proportion of child FTEs committing possession of weapon offences increased by **16 percentage** points over the last ten years.

“ —

In 2022/23 there were around **50,500** offences involving a sharp instrument in England and Wales (excluding Devon & Cornwall). This was **4.7%** higher than in 2021/22 but 7% lower than in 2019/20."

House of Commons Research briefing 2023

StreetDoctors Year in Numbers



511
Partners we worked with.



5 Stepwise
Programmes delivered.



4,130
Users of our E-Learning App



1,047



Training sessions were delivered (we delivered **607** sessions in **2022**, so in **2023** we delivered **+72%** more sessions than the previous year).

9,811



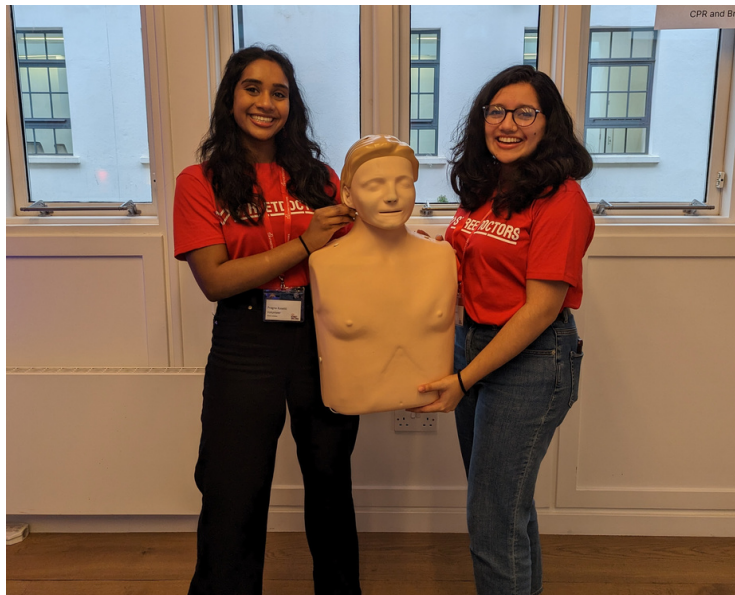
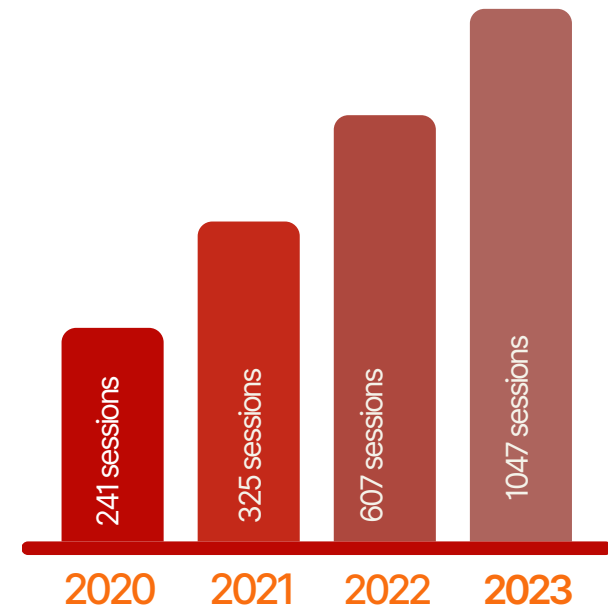
Young people trained (We educated **4547** in **2022**, so in **2023** we educated **+116%** more young people than the previous year).

StreetDoctors Highlights

Reducing Violence Programme

Over the year we delivered 1047 training sessions which was +39% above our yearly target and +73% above the 2022 full year performance.

This change from the previous year has been down to the restructure, new business processes, increased accountability, performance management and an improved solution focussed culture. The regional staffing structure has provided increased support to our volunteers and a localised focus to our partnerships, which have increased the value in the StreetDoctors offer and the level of engagement.



We are continuing with our learning and development journey with the focus on improving the quality of our training through volunteers training and the co-design of new training content.

The co-design process with young people, partners and volunteers has enabled us to ensure the learning outcomes of the training interventions are fully achieved with increased impact and we ensure lived experience is utilised. This included our mental health training session and the new bleeding session which doesn't just include the consequences of violence and the physical first aid intervention, but it includes mental health activities in the session with the focus on understanding how trauma informs our actions and can affect our willingness to act in an emergency.

StreetDoctors Highlights

Partnerships

In 2023 we worked with 511 partners across youth justice, sport, care and other sectors, targeting organisations where young people are at high risk.

Dallaglio RugbyWorks

Dallaglio RugbyWorks use the power of rugby to support young people who have been excluded from school, and ensure that long-term they are not excluded from society. In 2023 we delivered 47 training sessions in their programmes and educated 229 young people. Working in pupil referral units means we are reaching young people who are more vulnerable to involvement in violence than the average young person, and ensures we are targeting our work where it will make the greatest impact.

BoxWise and the Nick Maughan Foundation

Boxwise runs national training programmes to young people through local boxing gyms to support young people to build their confidence, improve their health and wellbeing, and maximise opportunities available to them. In 2023 we delivered 120 training sessions to 1,219 young people with 36 sessions being within the BoxWise programme and 84 through grassroots community organisations such as youth clubs and small sports clubs.



Stepwise Programme



In 2023 we reviewed and developed our Stepwise programme using insight from partners and young people to increase the programme's focus on youth engagement and personal development and improved social skills. The new Stepwise programme supports young people affected by violence and trains them in life saving skills and social skills, developing their self-confidence, communication skills, and inspiring them to engage in social action within the theme of reducing violence and knowing what to do in a medical emergency.

The new flexibility and focus within the programme enabled us to deliver 5 stepwise programmes at the Hideout Youth Zone, Southwark college, City and Islington College and HMP Hindley, in partnership with the Greater Manchester Violence Reduction Unit and Islington Council.

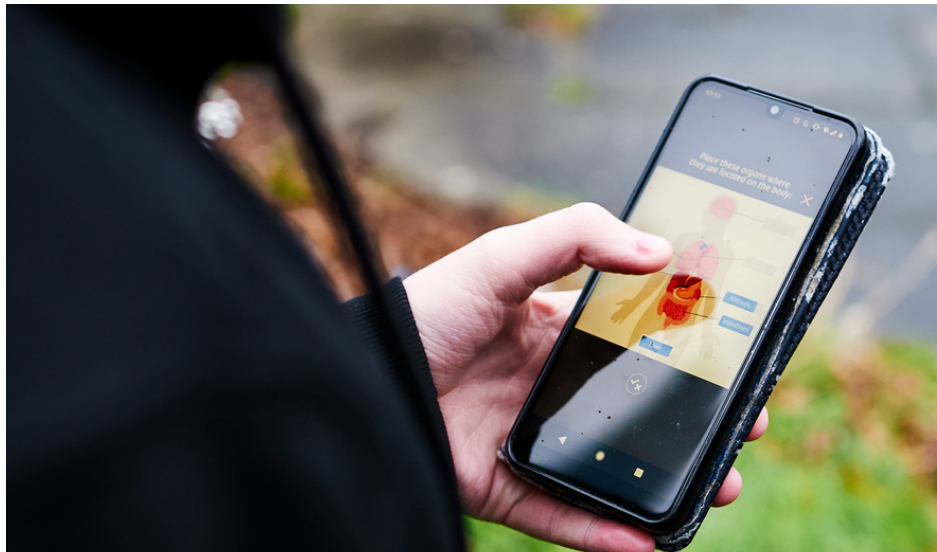
The programme trained 47 peer educators who delivered a range of social action projects, including delivering peer education training to 204 young people, creating new training activities and using their lived experience to co-design new session content.



“
**A lot of people don't know first aid
but it should be an essential skill
that everyone should know."**

Hana - Stepwise participant

StreetDrs saves lives - E-Learning App



The new E-Learning App, *StreetDrs Saves Lives*, increases accessibility of our training portfolio and supports self directed learning and small group training through partnerships. We further developed the capability of the App with increased impact report, refreshing the content and delivering as part of our bleeding training offer for partners. *StreetDrs Saves Lives* has had 4,130 users and has gained great feedback from a range of partners, including violence reduction units (VRU), secure locations, youth organisations and charities, to support targeted groups of young people.

In June we ran a launch event for the App at Unity Radio with Greater Manchester Violence Reduction Panel and Merseyside Violence Reduction Panel, which involved Andy Burnham (GM Mayor), Kate Green (GM Deputy Mayor/ PCC), Emily Spurrell (Merseyside Police & Crime Commissioner) and Damian Dallimore the (Director of the Manchester VRU) promoting the App to young people and partners.



Kate Green & Andy Burnham

“**We really value StreetDoctors – especially the professional, friendly delivery by the volunteer healthcare trainers. The educational message helps to debunk myths some young people have about knife and weapon injuries, and also provides young people with practical skills about what to do if they find themselves in an emergency. I am really excited about the new StreetDrs save lives App developed with Merseyside VRP and Manchester VRU.**”

*Stephen Collier - Youth Justice Service Lead
Merseyside Violence Reduction Partnership.*

Learning and Development

Over the past year we have increased our focus and investment in learning and development with new content, the redesign of our StepWise programme, a new training pathway for our volunteers and the increased use of impact measures to evaluate the learning outcomes of our training. We spent time through discovery sessions with partners and young people, to ensure our training was relevant, the activities were engaging, lived experience was utilised and our training could challenge views to increase young people's ability to make informed decisions around street violence. The principles of co-design and maximising innovation, supported our continuous improvement and ensured outcomes for young people were the priority.



An example of these principles was in the redesign of the training content of our “bleeding” session with increased emphasis on the learning outcomes with the inclusion of mental health activities in the session with the focus on understanding how trauma informs our actions & our willingness to act. This was achieved through a co-design process with young people and was piloted in over 50 sessions with 750 young people where the feedback from young people, partners, volunteers and staff was gained and allowed us to ensure the training fully achieves the learning outcomes.

“—
When you're out there and an actual problem happens, most people are just gonna put it off and say 'oh someone else will go'. But being the first responder means more people will be encouraged to go and help... which is very important.”

Dan, A young person attending a new bleeding session

Volunteering

With the growth in demand for StreetDoctors training sessions and our focus on improving the impact of our work, it was essential to review our volunteer journey and training pathway.

Through co-design with our volunteers and external stakeholders, we created a new volunteer pathway which focuses on the volunteers continuous professional development journey, youth work skills, coaching and the alignment to external standards/ healthcare career pathways.

The realignment of the StreetDoctors volunteering opportunity is not only improving the quality of our training for young people, but it is also providing a career development opportunity for our health care student volunteers.

In 2023 we established new volunteer teams in Exeter, Swansea, Kent, Edinburgh and a pan London team, which resulted in StreetDoctors having 26 volunteer teams across the UK and 327 volunteers supporting the delivery of our training sessions. The new volunteer advisory panel has been instrumental in representing the volunteers and supporting the codesign of the volunteer training pathway and improvements in our delivery.



“—

Through volunteering with StreetDoctors I've developed so many skills including problem solving and communication that are essential for my role in healthcare. Having this recognised through an officially accredited volunteer pathway is so beneficial for my personal and professional learning ."

Tilly - StreetDoctors Volunteer
Bristol

Impact

We have further developed our impact reporting with improvements to our evaluation forms and monitoring processes. This has enabled us to measure the direct impact of our training intervention with clear metrics at the start and at the end of the programme with a focus on increasing knowledge, skills, confidence and willingness to act. The impact is further measured through case studies, impact statements and the level of engagement in social action/ peer education.

This has been further developed with the use of QR codes for the evaluation forms and the collection of live data into a reporting template, which enables us to make informed improvements to our training content.

After all this hard work in the past year to reorganise the organisation, it was fantastic to gain the recognition in May and be awarded the GSK Kings Fund Impact award which recognises and rewards charities that are doing excellent work to improve people's health and wellbeing.

73.5%

Of the young people demonstrated they had increased knowledge & skills.



70.7 %

Had increased confidence to act in an emergency situation using learnt FA skills.



54.1%

had increased their Willingness to act in an emergency situation.



Our feedback



66.1% of the young people we worked with highlighted they were actively worried about violence in their area.



80.1% of young people we worked with said they would actively recommend our training to their friends.



An increase of 16.7% more understanding on the medical consequences of street violence.



An increase of 14.4% more willing to act in an emergency situation.

10 Year Birthday Celebration

On the 27th April we celebrated StreetDoctors's 10 year Anniversary of being a registered charity. During the first 10 years of StreetDoctors we have trained 25,000 young people and seen the organisation transform into an award winning charity. The event brought together staff, volunteers, partners, young people and stakeholders who have been on the StreetDoctors journey for the past 10 years to share the impact and achievements.

It was very fitting that we used the Paul Hamlyn Foundation building for the celebration event, as the fund had been instrumental in the development of the charity through their growth fund for the past 5 years. When we began partnering with the Paul Hamlyn Foundation in 2018 there was a need to increase our reach, capacity and strategic direction. This funding partnership provided a 'transformational step change' for StreetDoctors as it sought to consolidate from a start-up organisation and become an established charity that could both scale and sustain its impact.

“*The strategic developments at organisational level have combined to strengthen StreetDoctors to fulfil its mission, to scale and sustain its impact. StreetDoctors occupy a unique position within the response to youth violence in the UK. They mobilise hundreds of young healthcare volunteers each year to 'increase young people's knowledge, skills, confidence and willingness to act in response to street violence.'*”

*The Youth Strategic Investment Fund
Paul Hamlyn Foundation*





For more information, please get in touch:

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